### Mark Keppel High School Student Bulletin Thursday January 30th, 2025 Bell Schedule - All Periods

"Embrace the power of 'yet'; you may not know it now, but you will.". — Anonymous

#### **ATHLETICS**

#### Athletic Events: Week of Jan.27th - Feb. 1st, 2025 Show school spirit and pride; attend sporting events. Check <u>MKHS</u> website for all scheduled games

- <u>Medical Clearance</u> Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- MKHS Athletic Webpage: mkhs.org (Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010

#### Thursday, January 30th - Regular Schedule - All Periods

• Girls' Frosh/Soph & JV Basketball @ South Torrance - Games Begin 4PM - Early Dismissal 1:30PM -Bus Leaves 2PM

#### Friday, January 31st - Regular Schedule - All Periods

- Boys' Frosh Basketball @ San Gabriel 4PM Early Dismissal 2PM Bus Leaves 2:30PM
- Girls' JV & Varsity Soccer @ San Gabriel Games Begin 4PM Early Dismissal 2:15PM Bus Leaves 2:45PM
- Boys' JV Soccer vs San Gabriel 4PM Aztec Stadium Early Dismissal 3PM
- Girls' JV Basketball vs San Gabriel 4PM Aztec Arena Early Dismissal 3PM
- Boys' Varsity Soccer vs San Gabriel 5:30PM Aztec Stadium No Early Dismissal Senior Night
- Girls' Frosh/Soph Basketball @ San Gabriel 5:30PM No Early Dismissal
- Boys' Varsity Basketball vs San Gabriel 5:30PM Aztec Arena No Early Dismissal Senior Night
- Girls' Varsity Basketball vs San Gabriel 7PM Aztec Arena No Early Dismissal Senior Night
- Boys' JV Basketball @ San Gabriel 7PM No Early Dismissal

#### Saturday, February 1st

• Girls' Wrestling @ Valencia/Placentia - CIF D3 Championships Prelims - Tournament Begins 9AM -Bus Leaves 7:30AM

#### **SENIOR YEARBOOK QUOTE**

Attention seniors! Please submit your Yearbook quote for the 2024-25 Yearbook. All seniors should have received an email to submit their quote. If you did not receive an email, please go to Business and Activities. Senior quotes are due Saturday, February 2nd.

#### **GRADUATION ORDERS**

Attention seniors! Seniors will have the opportunity to purchase their Cap & Gown, Class Ring, and other graduation related products on Thursday, February 6th. There will be a booth set-up during lunch that day for orders! If you are interested in ordering a class ring, please go to Business and Activities and request for a class ring form to complete.

#### **CSF MEMBERSHIP**

SPRING CSF MEMBERSHIP POSTED Hey all check Ms Hake's classroom door, B116, to see if you have made it to CSF this semester. Our first general meeting will be held at lunch on Wednesday February 12th at the East Gate in front of the old gym. See you all there.

#### WELLNESS CENTER POWERTIME WORKSHOPS

#### "Know Your Roots" Workshop Series:

On 2/4/25 and 2/11/25 Tuesday Powertime, we will be hosting an info session about a workshop series that will begin on Tuesday, 2/25/25. Sign up to learn more about how you can become empowered, improve relationships, learn about your cultural identity, nurture leadership skills and grow within the community.

Look For Ms. Funes on Adaptive Scheduler for Tuesday Powertime.

#### "Character Strong: Coping Skills" Workshop Series"

On 2/12/25 Wednesday Powertime, we will be hosting an info session about a workshop series that will begin on Wednesday, 2/19/25.

Sign up to learn more about coping skills strategies and techniques that you can use to manage stress, difficult emotions, or challenging situations and it will help increase your own self-awareness and healthy coping skills.

Look For Ms. Funes on Adaptive Scheduler for Wednesday Powertime.

#### Kindness Week Challenge: Friday, January 31, 2025

Join the counselor's table to learn more about "The Kindness Week Challenge," how we can show kindness to ourselves and to others. Stop by, say Hi and pick up resources and some goodies. When: Friday, 1/31/25 @ Lunch Time Where: Palm Court

#### **CHINESE NEW YEAR**

In celebrating the year of the Snake, Mr. Huey Lien's classes will be making their rounds in wishing everyone a joyful New Year tomorrow January 31st. Kindly fill out the following form if you are interested. Gong Xi Fa Cai!

<u>Sign-up form:</u> <u>https://forms.gle/ZbjPohaBCetABtx39</u>

#### **GRAD NITE TICKETS ARE NOW ON SALE**

Attention all Seniors! Grad Nite Tickets are now on sale for **\$180** each. **THE NEXT OPPORTUNITY TO PURCHASE TICKETS WILL BE ON THURSDAY, FEBRUARY 19th DURING LUNCH AT THE PALM COURT.** 

#### **DREAM IT BE IT CAREER SUPPORT FOR GIRLS**

#### AttentionMKHS GIRLS!

Are you ready to take charge of your future? Join the Dream It, Be It: Career Support for Girls program—a FREE one-day conference for high school girls!
When: Saturday, February 8, 2025, from 9:30 AM to 4:00 PM
Where: Ramona Convent Secondary School in Alhambra
This exciting event includes:
Career exploration and goal-setting workshops

- Inspiring stories from professional role models
- Lunch included!

Register by February 1st for a chance to win awesome door prizes!

Don't miss out—scan the QR code on the flyers around campus to sign up.

Let's put your dreams into action!

#### **Snack Vending Machines**

Snack vending machines are available before school, after school and during lunch. They will not be

available during class time.

#### **MKHS ALLIANCE**

MKHS Alliance is seeking a student to co-chair our **USC Alumni Day of SCervice** event to take place on **Sat., March 22, 2025**. You will have the opportunity to select the project &/or our event can benefit Operation Gratitude. This community goodwill event can be listed on your resume if you plan to apply to USC in the future. Examples of past projects can be viewed at <u>USC Alumni Day of SCervice · USC</u> <u>Alumni Association</u> or <u>https://alumni.usc.edu/scervice/#california-la</u>. Please contact Sharon at slwoo@sbcglobal.net if you are interested &/or for more info.

#### Alhambra Latino Scholarship Program - Due March 14, 2025

The Alhambra Latino Association invites all Latinx AUSD High School Seniors furthering their education to apply for a \$1,000 scholarship. Go to the MKHS website for more information.

#### PRINCIPAL'S MESSAGE

**CLASSROOM ACCESS DURING LUNCH:** ALL students will need a hall pass to access any classrooms in any building. All buildings will remain locked 10 minutes after lunch begins until 10 minutes before lunch ends.

#### **LIBRARY**

The library will close 20 minutes after lunch starts every day. If you are not there before, you will not be allowed in.

#### TARDY

Please be informed that we have started scanning student IDs for every student that is late to school. **DOORS CLOSE AT 8:30am**. The tardies will also be logged in PowerSchool by the respective teacher.

#### <u>LUNCH</u>

**REMINDER** to all students that food delivery or drop off on campus is not allowed. For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

#### FOOD RECOVERY

Did you know the United States discards more food than any other country in the world: nearly 60 million tons — 120 billion pounds — every year. That's estimated to be almost 40 percent of the entire US food supply. In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to fight against food waste and give what we can back to the food bank in our community. Please do not put trash in these bins.

#### **STUDENT PARKING**

Students can only park their vehicles using the baseball parking lot and on the left side facing Hellman. The front lot will be closed at 7:00 AM every morning.

#### **STUDENT BANK**

\*\*Bank closed today and will reopen tomorrow, Friday Jan. 31st. HOURS:

- ★ Monday : 8:00 a.m.- 4:00 p.m.
- ★ Tuesday: 8:00 p.m. 4:00 p.m.
- ★ Wednesday: 12:00 p.m. 4:00 p.m.
- ★ Thursdays: 8:00 a.m.- 4:00 p.m.
- ★ Friday: 8:00 a.m.-4:00 p.m.

### DREAM IT\*BE CAREE Included SATURDAY February 8, 2025 9:30 am to 4:00 pm

#### **Discover Your Dreams**

**Explore Careers** 

#### **Rise Above Obstacles**

Held at

**Ramona Convent** 

**Secondary School** 

1701 W Ramona Rd

lhambra, CA 91803

**Register by February 1st for a chance** to WIN door prizes Winners must be present. Space is limited.

#### **Put Dreams Into Action**

Lunch

FREE one-day conference for ALL High School girls. Meet women from a variety of occupations and learn their stories.



Presented by

Soroptimist International of the Americas Alhambra \* San Gabriel \* San Marino



to register https://tinyurl.com/SOROPTIMISTDIBI

This program or activity is not sponsored or endorsed by the Alhambra Unified School District

# REAM IT, YOU CAN BE IT!



# The *D r e* α *m I t* , *B e I t* program can help you plan your future!

Soroptimist's *Dream It, Be It: Career Support for Girls* helps girls grow up to be strong, successful, happy adults. The program provides girls, like you, with access to professional role models, career education and the resources to live their dreams.

# Are you ready to work toward achieving your goals?

By participating in this program you will learn about career opportunities, setting and achieving goals, overcoming obstacles to success, and moving forward after setbacks. Sign up today and get on track to making your career dreams become reality!

Dream It, Be It is a program of Soroptimist and its online community LiveYourDream.org, which work to improve the lives of women and girls through programs leading to social and economic empowerment.

#### WHAT:

WHEN: WHERE:

For more information and/or to register, contact: Soroptimist International of

Name: Email: Phone:

Website:

